

# VALENTINE PARTY AND CARD REMINDER!!!!!!

This is a gentle reminder that we are following the board policy and federal guidelines with regard to candy and food of little nutritional value, i.e. sugar as the first ingredient. ***This includes the Valentine Day party and Valentine cards that include candy... they will not be distributed.***

Thank you for understanding.

Dear Bragg Parents/Guardians,

In accordance with our Board of Education Policy (3542.1); regarding the avoidance of foods of minimal nutritional value, I am sending home a brief food reminder. In order to comply with the state and federal laws, certain food items CANNOT be served to students during the school day. We will not distribute or serve candy of any type at any time – not even parties. Party snacks that we can serve may include muffins, crackers, cheese, and fruit, etc. as long as the primary ingredient is not sugar. Please do NOT send in goody bags for parties or birthdays that have ANY food items in them, this includes Halloween and Valentine Day. If your child does bring in candy or sugary treats to pass out, he/she will not be allowed to do so.

We are committed to:

- Providing a safe environment for students with food allergies;
- Providing students with healthy and nutritious foods;
- Encouraging the consumption of fresh fruits and vegetables, low fat milk and whole grains;
- Supporting healthy eating through nutrition education;
- Providing students with the opportunity to engage in daily physical activity

Thanks for your cooperation!

Sincerely,

Michele Stanton, Principal  
Bragg Intermediate School